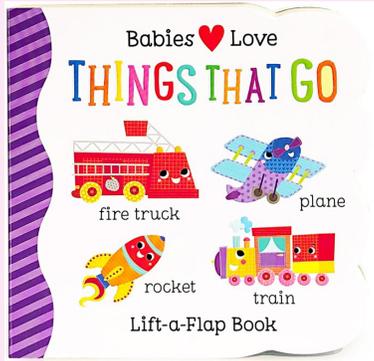


Things That Go

WoodlandsMommy.com

WoodlandsMommy.com Infant Lesson Plan

Book to add to your child's library: *Things That Go* by Scarlett Wing



BABY GAMES & LANGUAGE

Vehicle Sounds

Make simple sounds and name them clearly: "Beep beep!" "Vroom!" "Chug chug!" Pause and repeat.

Push & Say

Help baby push a toy vehicle while saying, "Go!" Then stop and say, "Stop!"

Where Is the Car?

Hold up a toy and ask, "Where is the car?" Then answer: "There it is!"

Action Words

Use movement words often: go, stop, fast, slow, roll.

Imitate & Respond

Copy baby's sounds and movements, turning them into a playful back-and-forth "conversation."

EXPLORATION

Rolling Exploration

Roll a car or ball across the floor and let baby watch or reach.

Texture Vehicles

Offer vehicles made of different materials such as plastic, fabric, wood, and describe how they feel.

Ramp Play

Use a pillow or book to create a gentle ramp. Roll a car down slowly and narrate what's happening ("The car is rolling downhill.")

Movement Watching

Sit by a window and watch real cars or buses go by, naming what you see.

MUSIC & MOVEMENT

Driving, Driving

(Tune of "Row, Row, Row Your Boat")
Drive, drive, drive the car,
Nice and slow today.
Beep beep beep and stop,
Then drive along the way.

Here Comes the Train

Here comes the train,
Chug, chug, chug!
Rolling on the track,
Chug, chug—hug!

(End with a cuddle or gentle tickle.)

Zoom, Zoom, Zoom

Zoom, zoom, zoom,
We're going to the moon.
If you want to take a trip,
Climb aboard my rocket ship.
Zoom, zoom, zoom!

I'm An Airplane

(Tune: Frere Jacques)
I'm an airplane, I'm an airplane
(lift baby up or hold arms out)
Flying high, flying high
(sway left and right)
I can tilt this way, I can tilt that way
(tilt side to side)
In the sky, in the sky.

RELATIONSHIP BUILDING / BONDING

Sit close and stay engaged as baby watches, reaches, or listens. Use eye contact, smiles, and a calm voice to reassure baby as they explore.

Narrate with warmth and reassurance:

"You see the car go."
"You made it move."

"I'm right here with you."

These moments of shared play help babies feel confident, understood, and excited to learn while strengthening the loving bond between baby and caregiver.