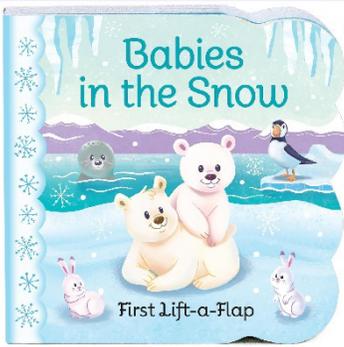


Snow Day

Book to add to your child's library: *Babies in the Snow* by Ginger Swift



BABY GAMES & LANGUAGE

Snowflakes Falling

Here come the snowflakes, one by one

(raise one finger at a time)

Falling down till day is done

(wiggle fingers downward)

On my nose and on my toes

(touch nose, then toes)

That's the way the cold wind blows

Repeat these words slowly throughout play:

- snow
- cold
- soft
- white
- cozy

Tip: Exaggerate your mouth movements and pause. Babies love watching how words are formed.

Peek-A-Boo Snow

Cover your face with a soft white cloth or blanket, and say:

"Where did I go?"

Reveal your face slowly:

"Here I am!"

EXPLORATION

Soft Snow Bin

- Cotton balls
- White felt pieces
- Soft white washcloths

Cold Touch Experience

- A cool spoon
- A chilled (not frozen) teether

Let baby briefly touch, then say: "Brrr... that feels cool!"

MUSIC & MOVEMENT

Snow is Falling Down

(in the tune of London Bridge; Gently wiggle fingers downward like snow for "falling down")

Hurray for snow
It's falling down, falling down,
falling down
Hurray for snow
It's falling down
Falling down outside.

Brrr It's Cold Outside

Brrr, it's cold outside,
Snowflakes soft and white.
Snuggle up and cuddle close,
Cozy feels so nice.

Twinkle Twinkle Snowflake

(Tune of "Twinkle Twinkle Little Star." Lift baby's arms slowly up; Lower arms gently while swaying)

Twinkle, twinkle snowflake white,
Falling softly day and night.
Floating gently from the sky,
Landing quietly nearby.
Twinkle, twinkle snowflake white,
Falling softly day and night.

RELATIONSHIP BUILDING / BONDING

Snow Day Snuggles

Hold baby close in your arms or lap, wrapped in a soft blanket. Rock gently and make eye contact. Say softly:

- "You are warm."
- "You are safe."
- "I'm right here."

Gentle Touch and Comfort

Slowly stroke baby's arms, legs, or back. Name what

you're doing:

- "Gentle hands."
- "Soft touch."

Caregiving as Connection

Use diaper changes, feeding, and getting dressed as bonding moments. "All clean!" "Milk time!" "All cozy now!"