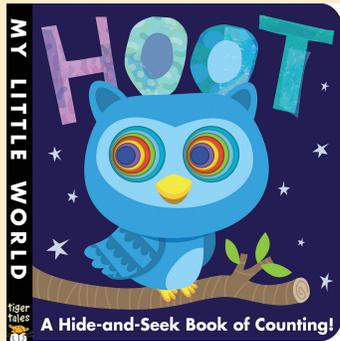


Book to add to your child's library: *Hoot: A Hide-and-Seek Book of Counting!* by Jonathan Litton



MUSIC & MOVEMENT

“Whoo-Whoo, Baby Owl”
(Tune: “Twinkle, Twinkle”)

Whoo-who, whoo-who, baby owl,
Soft and quiet, never loud.
Fluffy feathers, big round eyes,
Peeking at the nighttime skies.
Whoo-who, whoo-who, baby owl,
Gentle, calm, and sweetly proud.

“The Little Owl”

Little owl in the tree so high,
(Open hands like wings, lift up.)
Spreads his wings and starts to fly.
(Wave arms slowly.)
He swoops down low and glides around,
(Dip arms low, circle arms.)
Then lands softly without a sound.
(Press finger to lips.)

Peekaboo (Sung or Spoken)
Peek-a-boo, peek-a-boo,
I see you, I see you!

Cover and uncover your face slowly, pausing for anticipation.

BABY GAMES & LANGUAGE

Sing-Speak:

Speak short phrases with a musical tone instead of singing: “Hello baby,” “I see you,” “There you are.”

Owl Feathers

Drop feathers through the air near baby. Allow them to fall on you and baby. Stroke baby's cheeks and hands with the feathers, while repeating the words “soft feathers.” Direct older infants in touching feathers first with fingers and then with hands.

Owl Sounds: Make gentle “hoot” sounds and pause to let your baby respond with coos, babbles, or smiles.

Listen & Pause: Sit quietly for a moment, then whisper, “The owl listens.” Pause again and notice baby's reaction to the quiet.

EXPLORATION

Soft Owl Touch: Let your baby explore a plush owl toy. Describe textures slowly: “soft,” “fluffy,” “smooth.”

Bird Watching

Take your infant on a walk in the park or at the museum and look at the animals and birds.

Light & Shadow Watch:

Dim the lights slightly and slowly move your hand or a soft object across the wall or floor. Let baby watch the movement and track it with their eyes.



RELATIONSHIP BUILDING / BONDING

Take a short stroller walk along a wooded path and paint out tall pines, leafy branches, and dark hollows where owls might sleep during the day.

Use gentle language: “Look up high... that's where an owl might rest.”

It's peaceful for baby and gives moms a sense of

place-based connection.

Owl Sounds

Face your infant and make the “whoowho” sound. If your infant is old enough, he will attempt to mimic you.

Quiet Cuddles: Hold your baby close and speak softly, reinforcing calm and safety.