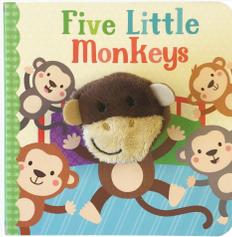




Monkey See, Monkey Do

Great to have on hand: A stuffed monkey or animal toy, a small blanket or mat, and a few safe sensory items

Book to add to your child's library: *Five Little Monkeys (Finger Puppet Board Book)* by Cottage Door press



MUSIC & MOVEMENT

Songs and gentle movement to help your baby feel rhythm, motion, and joy.

Five Little Monkeys

Sing slowly and use gentle motions. Hold baby on your lap and gently bounce. Wiggle fingers for the monkeys.

Five little monkeys jumping on the bed.
One fell off and bumped his head.
Mama called the doctor and the doctor said,
"No more monkeys jumping on the bed!"
(repeat for 4, 3, 2, and 1.)

Swing, Swing Little Monkey

(sung to the tune of "Row, Row, Row Your Boat")

Swing, swing little monkey,
Swinging in the tree.
Up so high and down so low,
Happy as can be.

Swing, swing little monkey,
Hold on nice and tight.
Sway and sway and swing all day,
Then rest with me tonight.

Animal Sound Dance

Play simple music and pause to say "Ooh-oo-ah-ah!" (monkey sound) Encourage baby to move, bounce, or wiggle.

BABY GAMES & LANGUAGE

Simple games and conversations that build early communication skills.

Monkey See, Monkey Do

Help your child mimic your actions.

(1) Cover your eyes (then ask him/help him to cover his eyes), (2) touch your head, (3) touch your tummy, (4) shake your hands, etc.

Peek-A-Boo Monkey

Use a soft monkey toy or your hands: Hide the monkey behind your back or blanket. Pop out with "Ooh-oo! Peek-a-boo!"

Monkey Talk Time

Hold baby close, make eye contact, and:

- Make playful monkey sounds
- Pause to let baby respond (coos, smiles, babbles)
- Copy their sounds back to them

Mirror Monkey

Sit baby in front of a mirror. Point to reflections: "That's YOU! That's mommy!" Make monkey faces together

Simple Monkey Words

Repeat these throughout the day: monkey, banana, up, down, swing

EXPLORATION

Sensory play that encourages curiosity and discovery.

Monkey Discovery Basket

Offer a small basket or tray with a few safe items to explore: a soft monkey toy, a textured cloth, a soft banana, or crinkly paper. Allow your baby to touch, grasp, mouth, and examine each item at their own pace.

Texture Touch Time

Gently guide your baby's hands over different textures while naming them softly: "soft," "smooth," "crinkly." Pause often and follow your baby's interest.

Watch the Monkey Move

Slowly move a monkey toy across your baby's line of sight or lightly bounce it on the floor or mat. Encourage your baby to track the movement with their eyes.

RELATIONSHIP BUILDING / BONDING

Snuggly moments that nurture connection and emotional security.

Cuddle & Chat

Hold your baby close and talk softly about what you're doing or how your day is going. Your calm voice and presence help your baby feel safe and connected.

Gentle Monkey Massage

Using slow, loving touches, gently massage your baby's arms, legs, and tummy while maintaining

eye contact and speaking reassuringly.

Still Moments Together

Sit quietly with your baby, make eye contact, smile, and respond to their expressions or sounds. There's no goal here — just shared presence.