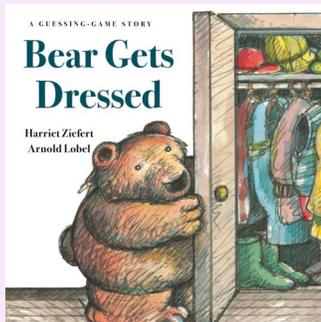


Getting Dressed

Book to add to your child's library: *Bear Gets Dressed: A Guessing Game* by Harriet Ziefert



BABY GAMES & LANGUAGE

Where Are Baby's Clothes?

With a blanket, cover different articles of clothing that your child is wearing and ask "where is it"?

Ex: Where's Justin's shirt?
Remove the blanket and say "Oh there it is!" while pointing to the shirt. Do this for pants, socks, and diaper.

Open/Shut Them

(Open and shut baby's hands to the lyrics)

Open shut them, open shut them, give a little clap clap clap!

Open shut them, open shut them, put them in your lap lap lap!

Creep them, creep them, creep them, creep them, right up to your chin.

Open wide your little mouth, but do not let them in!

EXPLORATION

Clothing Exploration

Let your child explore different textures of clothing with her hands: a soft sweater, a braided belt, a fur coat, a silk shirt, etc.

Blocks and Cups

Play with different size blocks and cups made of plastic, wood, or fabric. Bang the blocks together, place the blocks inside the cups, move the blocks from hand to hand.

Fabric Feel Basket

Choose one option:

- Soft cotton shirt
- Cozy socks
- Knit hat or scarf

Let baby touch, squeeze, explore textures
Narrate simply:

"Soft."

"Warm."

MUSIC & MOVEMENT

Getting Dressed

(Tune: Mulberry Bush - Sing while dressing your child)

This is the way we put on our shirt,
put on our shirt, put on our shirt

This is the way we put on our shirt
So early in the morning.

Repeat, changing "shirt" to any piece of clothing you are dressing your child in.

Tickle Tickle

Tickle tickle tickle where?
Tickle, tickle on your hair,
Tickle, tickle on your toes
Tickle, tickle on your nose
Tickle tickle tickle cute
Tickle, in your birthday suit.

Clothes That Cover

(sung to the tune of "Wheels on the Bus")

The shirt on (baby's name) covers
her tummy, covers her tummy,
covers her tummy,

The shirt on (baby's name) covers
her tummy

The shirt covers up her tummy.

Repeat using pants, legs, socks,
feet, hat, head.

RELATIONSHIP BUILDING / BONDING

Face to Face Interaction:

Hold your child and talk about clothing and body parts.

"Where is mommy's shirt" you can ask. "Here is mommy's shirt." Then "where is baby's belly button?" Raise his shirt and reply "Here it baby's bellybutton, under her shirt!"

In front of a mirror, dance while holding your child in

your arms. Gentle, sweeping movements and twirls are fun for infants, plus they help reinforce that they are safe in mommy's arms.

Calm Close

Cuddle baby, take a deep breath together, an whisper: "All dressed."
"Ready now."