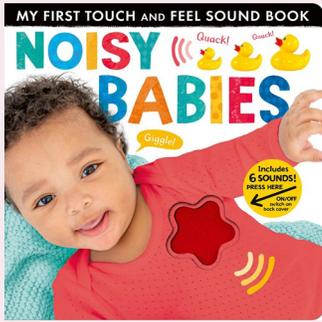


Cry Baby Bunting

Book to add to your child's library: *Noisy Babies* by Lauren Crisp



BABY GAMES & LANGUAGE

Gentle Pat Talk

Gently pat baby's back or tummy and say: "Pat, pat. All better."

Baby Stacks

Place baby on a blanket on the floor and give him a series of stacking cups of graduated sizes and variations. It's best to use stacking objects that are the same shapes, such as circular cups that graduate in various sizes or even kitchen measuring cups. Help baby build towers by placing smaller plastic cups into larger ones, and then knocking them down.

Hide and Seek

Use a thin, waffle weave blanket or a sheet of newspaper to briefly cover your baby's face and help him use his hands to clear the blanket.

EXPLORATION

Squeak Toys & Rattles

Play with an assortment of squeak toys and rattles. Help your child choose toys with different colors, shapes, sizes, and textures. Help him to hold, shake, bang, mouth, pat, wave, and squeak the toys. Cover the toys with a blanket and play Peek a Boo.

Soft Exploration

Gather an assortment of baby blankets and knit fabrics (different colors and textures) and let your baby play touch-and-feel.

MUSIC & MOVEMENT

This Little Baby

*This little baby rocked in the cradle.
(Wiggle one arm)
This little baby jumped in the bed.
(Wiggle the other arm).
This little baby crawled on the carpet.
(Wiggle one leg)
This little baby bumped her head.
(Wiggle the other leg).
This little baby played hide and seek.
Where's that little baby?
Oo-oo-oooh peek-a-boo!
(Cover and uncover your face with a great big smile!)*

Cry Baby Bunting

*Cry Baby Bunting
Daddy's gone a-hunting
Gone to fetch a rabbit skin
To wrap his Baby Bunting in
Cry Baby Bunting
Rock baby gently side to side. Wrap
baby snugly in a blanket while singing.*

Up The Wooden Hill

*Up the wooden hill to Blanket Fair
What shall we have when we get
there?
A bucket full of water,
And a pennyworth of hay.
Gee up, Baby
(lift your child into the air)
All the way!*

RELATIONSHIP BUILDING / BONDING

Mini Massage

Give your child a massage. Turn the lights down low and play soothing music that your child enjoys. Use an edible oil such as olive oil, and warm your hands together. Slowly massage one body part at a time, and sing or hum softly.

Gentle Bonding Song

(Tune: "You Are My Sunshine")

*You are my baby,
My sweet, sweet baby,
Wrapped up warm
and close to me.
I'm here beside you,
Loving and gentle,
Just as safe as safe can
be.*