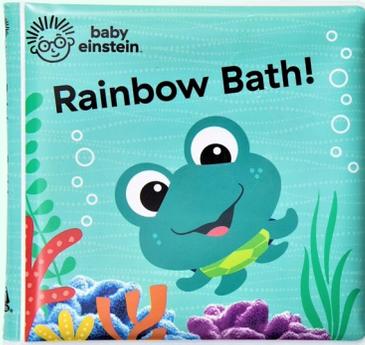


**Book to add to your child's library:** *Rainbow Bath* by Rachel Halpern



## BABY GAMES & LANGUAGE

### Baby Wash

Give your child a clean, lukewarm towel and watch what he does with it. Depending on your infant's age, he might (a) put it in his mouth, (b) try to squeeze it, (c) pull on it with both hands, (d) wipe a part of his body with it).

### Blow A Kiss

You can teach your baby to give a gift of love as you blow a kiss to her and encourage copying blowing a kiss by spreading open your arms and saying, "Blow mommy a kiss." Help your child copy you. For fun, you can also blow kisses to each other in front of the mirror.

### Bubbles "Pop"

Blow bubbles and encourage baby to pop them, using words like "Pop, pop, pop!" or "Big bubbles!" and "Little bubbles!"

## EXPLORATION

### Bath Bag

Fill a bag with items related to bath time and let your infant explore, removing one item at a time. Likely items to use: bar of soap, a large towel, a small towel, a rubber duckie, a comb. Be sure to name each item as baby plays with it.

## MUSIC & MOVEMENT

### Bath Time

Baby's ready for his bath.  
Here's the baby's tub  
(make circle with arms)  
Here's the baby's washcloth  
(hold hand up, palm flat)  
See how he can rub  
(pretend to rub face)  
Here's the baby's cake of soap.  
(hold hand flat)  
And here's the towel to dry  
And here's the baby's cradle  
(make imaginary cradle and rock it)  
Rock-a-baby-bye.

### This is the Way

(Tune: Here We Go 'Round the Mulberry Bush")  
This is the way we wash our feet,  
wash our feet, wash our feet,  
This is the way we wash our feet  
So early in the morning.  
(Repeat using other body parts: face, hands, arms, etc.).

### The Baby in the Bath

(Tune: Wheels on the Bush)  
The baby in the bath goes splash,  
splash, splash,  
Splash, splash, splash, splash, splash,  
splash,  
The baby in the bath goes splash,  
splash, splash,  
Let's take a bath.

## RELATIONSHIP BUILDING / BONDING

### Peek a Bath

If your baby has never seen you take a shower or bath, now's the time! Use a bouncy chair (or ask hubby to hold him). While bathing, sing your favorite song. The water in the shower and mommy's happy voice will be great entertainment!

### Face to Face Interaction:

Make bath time extra special this week. If your child enjoys baths, spend more time bathing her, being sure to talk gently and announce what you're doing ("now I'm washing your hair; now I'm washing your toes..."). After bath time, give your baby a relaxing rub with baby lotion or oil.