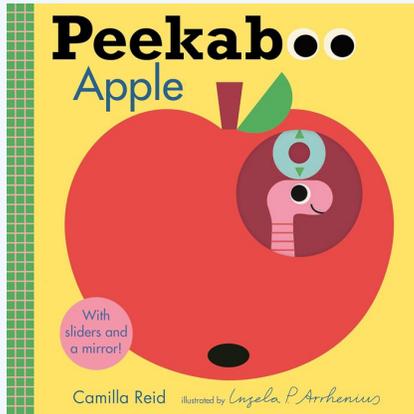


Apples and Red

Book to add to your child's library: *Peekaboo Apple* by Camilla Reid



BABY GAMES & LANGUAGE

Hold the Apple

Give your baby a large red apple and let her practice holding the apple in her hands. Keep handing it to her if she drops it. Reach for it and ask "can Mommy have the apple?" and help her practice handing it to you.

Can You Get It

Tease your baby – yes, but for only a minute! Pretend to hand her an apple. When she reaches out for it, move the apple away. Move it in front of her, to her side, above her head, etc. She's practicing her hand-eye coordination!

Red Treasure Hunt

Hunt for treasures with your baby – anything red that you can find around the house. Help your baby find red apples, red shirts, red books, red shoes, and red teddy bears.

Words to introduce:

red
apple

EXPLORATION

Five Apples A Day

Sit your baby on the floor with several different colored apples, bananas, and oranges and help her use as many senses as she can to explore each of them.

Applesauce Splash

Cover the floor with newspapers and then give your child a clean pan with applesauce in it. Let him saturate his hands with sauce, make splashes, and eventually (of course) hand-feed himself.

MUSIC & MOVEMENT

Sippity Sup

Sippity sup, sippity sup,
Apples and milk from a china cup,
Apples and milk from a silver spoon
Made from a piece of the silver moon.
Sippity sup, sippity sup,
Sippity, sippity sup.

Apples

(sung to tune of "Are you Sleeping?")

Picking apples
picking apples
one by one
one by one
Put them in a basket
Put them in a basket
Oh what fun!
Oh what fun!

Criss Cross Applesauce

Criss cross applesauce,
A cool breeze,
A tight squeeze,
And a tickle tickle tickle
as you please.

Apple in the Tree

(tune of "Twinkle, Twinkle, Little Star")

Apple, apple in the tree,
Red and round for you and me.
Shake, shake, down you fall,
Little apple, small and tall.
Apple, apple, red and sweet,
What a fun fruit for us to meet!

RELATIONSHIP BUILDING / BONDING

Face to Face Interaction:

relax and comfort your child after a busy afternoon.

Undress your child and give him a warm sponge treatment. Take a sponge or face towel, dip it in warm water from a pot, and touch your child on his face, his neck, his back, his feet, his shoulders. You will have to keep dipping and wringing out the towel to keep it warm. This activity will help